



Partnership-centred care

Partnership-centred care is part of the Tri-focal Model of Care developed by Deakin University. It adopts an innovative approach to caring for older people that addresses the following three key elements:

- a partnership-centred approach
- evidence-based healthcare
- creating positive environments to live and work in

One of the strengths of a partnership-centred approach is that there are many practical ways for each partner-in-care to contribute to the wellbeing of all those involved in the care relationship.

Outcomes for family and friends

The continuation of quality relationships

Helping to establish an appropriate care plan for the older person

Ability to advocate for the older person

Practical strategies for family and friends

Contribute towards wellbeing and positive outcomes for the older person

Support older people with maintaining their hobbies and interests

Assist the older person to keep in touch with friends and making new friendships

Actively include older people in social events with family and friends

Help the older person to maintain social, cultural and spiritual/religious connections with others in the community

Promote open communication

Respect the older person's right to make decisions about their care

Respect the older person's right to privacy

Discuss decisions with the older person

Where appropriate, involve the older person's social and healthcare networks in communications

To learn more, see:
futurelearn.com/courses/older-people