



Partnership-centred care

Partnership-centred care is part of the Tri-focal Model of Care developed by Deakin University. It adopts an innovative approach to caring for older people that addresses the following three key elements:

- a partnership-centred approach
- evidence-based healthcare
- creating positive environments to live and work in

One of the strengths of a partnership-centred approach is that there are many practical ways for each partner-in-care to contribute to the wellbeing of all those involved in the care relationship.

Outcomes for older people

More positive health and wellbeing outcomes

A greater choice in decision making

Increased satisfaction with care

Stronger and more trusting relationships with others

Practical strategies for older people

Plan and make decisions for yourself and as long as practicable

Ask to be notified about meetings or discussions that affect you

Contribute your perspective to discussions involving decisions about your care

Appoint a trusted friend or family member to represent you as required

Actively evaluate your care program

Get involved and be social

Attend community, family and social events

Use technologies to keep in touch with family and friends

Maintain existing friendships, hobbies and interests

Participate in activities that will help you to meet new people